## Improvisation as a Pedagogy for Community Engagement

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## Agenda

- Warm-Up
- Introduction to Improvisation
- Case Study: Connect-Us
- Play!
- Discussion

## Warm Up

# What do you know about improvisation?

## **Improvisers train in:**

- Listening
  - Building with "offers."
- Supporting
  - Saying, "Yes, and..."
- Being Present
  - Make the other person look good.



#### **Examples**

- Theatre of the Oppressed / Forum Theatre
- Interactive Peer Theatre
- Improv "Playground" sessions
- College improv teams
- Community Trainings (e.g. conflict resolution)
- Corporate Trainings (e.g. change management)





## Case Study: Connect-Us (Bridgeport, CT)

#### **Bridgeport Young Leaders**

- Community Organizing Fellowship (paid)
- 6-8 young adults, ages 16-25
- Improv-based curriculum
- Door-knocking, street outreach
- "Performance of community outreach"
- 600 conversations; 200 sign-ups







Bridgeport Young Leaders Fellows (2019)





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